



# NBW

ministries

J. B. Hixson, Ph.D.

NotByWorks.org

## BEING PREPARED

### No Potential Scenarios

- 1 Natural disaster (real or engineered)
- 2 Civil unrest
- 3 Terrorist attack (real or false flag)
- 4 Economic collapse
- 5 Martial law/lockdown
- 6 Food/supply shortages
- 7 Foreign attack

### Plan A: Hunker Down (Stay put)

- 1 Crisis resulting in things like power outages or other disruption in normal routine
- 2 No imminent threat of danger to your life or home
- 3 Hunker down using emergency supplies as needed
- 4 Conserve energy, food, supplies in case things worsen
- 5 Stay alert. Be ready to shift to Plan B if needed.

### Plan B: Head Out

- 1 Crisis resulting in danger to your life or home
- 2 The area is not safe.
- 3 Life likely will not return to normal anytime soon.
- 4 Evacuate the area. Use your bugout bags.
- 5 Determine a designated rendezvous point or bugout place in advance.

### Plan C: Hole Up

- 1 Most serious scenario
- 2 The area is not safe and you are in danger if found.
- 3 Flee to a secure place and lay low. Use your bugout bags.
- 4 Be prepared to protect yourself against intruders.

5	Be smart and flexible.
6	Lkely an end of the world as we know it (EOTWAWKI) scenario, at least for a long time

	<b>Food</b>
1	Long-term storable food
2	25- and 50-pound bags of rice
3	25-pound bags of flour
4	5-pound cans of peanut butter
5	5-pound bags of baking mix
6	Canned veggies, fruit, & beans
7	Canned chili and meats
8	Canned & instant soups
9	Wheat berries & grinder
10	Powered milk, eggs, potatoes
11	Oats and wheat
12	Instant dry yeast
13	Peanuts & other nuts
14	Honey
15	Salt & sugar
16	Beef/chicken bouillon
17	Dried fruits
18	Jerky
19	Spices
20	Raisins
21	Protein bars
22	Freeze-dried foods
23	Access to fish
24	Access to deer, etc.
25	Access to a garden
26	Heirloom seeds
27	Vitamins and supplements
28	Comfort foods
	<b>Water</b>
1	5-gallon containers
2	1-gallon containers
3	Clorox & recipe for purification ( <a href="https://www.clorox.com/how-to/disinfecting-sanitizing/disaster-preparation-and-cleanup/disaster-preparedness-purifying-water/">https://www.clorox.com/how-to/disinfecting-sanitizing/disaster-preparation-and-cleanup/disaster-preparedness-purifying-water/</a> )
4	Access to a spring, creek, pond, lake, river, hand crank well, powered well, etc.
5	Rain catchment
6	Berkey water filter (various types/sizes)
7	Filter straws

	<b>Shelter</b>
1	Heating
2	Cooling
3	Protection from rain, snow, hail
4	Protection from animals
5	Blankets, tarps, tents, rope, bungees, tie-downs, coats, scarves, gloves, etc.
6	Visible from the road?
7	Visible from the air?
8	Neighbors?
	<b>Protection</b>
1	Guns
2	Handguns
3	Rifles
4	Shotguns
5	Stun guns
6	Ammunition
7	Cleaning kit
8	Knives
9	Clubs, bats, batons, etc.
	<b>Printed Books and Survival Manuals</b>
1	Ryrie Study Bible KJV
2	Citizens Rule Book (US Constitution)
3	Strategic Location by Joel Skousen
4	SAS Survival Handbook by John 'Lofty' Wiseman
5	Back To Basics A Complete Guide to Traditional Skills by Abigail Gehring
6	Crisis Preparedness Handbook by Jack Spigarelli
7	Tappan on Survival by Mel Tappan
8	Survival Guns by Mel Tappan
9	WRTH World Radio/TV Handbook
10	Where There Is No Doctor by David Werner
11	Where There Is No Dentist by Murray Dickson
12	The Survival Medical Handbook by Joseph Alton MD
13	Emergency Medical Procedures
14	Family Medical Guide
15	The Encyclopedia of Country Living by Carla Emery
16	Cookin' with Home Storage by Vicki Tate
17	Survival Stockpiling by Stan Moreland
18	Understanding and Surviving Martial Law

19	Nuclear War Survival Skills by Cresson H. Kearney

	<b>Important Documents</b>
1	Wills & POAs
2	Life Insurance policies
3	Birth certificates
4	Passports
5	SS cards
6	Driver's licenses
7	Marriage license
8	Home deed/title policy
9	Auto titles
10	Personal financial info
11	Bank & Investment accounts
12	Credit cards (and list)
13	Printed list of passwords
14	Printed address book
	<b>Protection</b>
1	Guns & ammo
2	Gas masks (w/ extra canisters)
3	Dust masks
4	Binoculars
5	Tents
	<b>Valuables</b>
1	Cash (small bills)
2	Dirty silver (old silver coins)
3	Silver rounds (bars)
4	Desirable items for bartering
5	Jewelry
6	Keepsakes

	<b>Communication</b>
1	AM/FM Radio
2	CB or Ham (shortwave) radio
3	Walkie-talkies
4	Weather radio
5	Hand crank radio
6	Compass (old school)
7	Whistle
8	Mirror
9	Physical paper maps
10	Flares
11	Police scanner
12	Satellite phone
13	Laptops & digital data drives
14	Mobile devices
	<b>Power</b>
1	Batteries (all sizes; lots!)
2	Solar battery charger(s)
3	Rechargeable batteries
4	Six 5-gallon cans of gasoline
5	Six 5-gallon cans of diesel
6	Extension cords (lots!)
7	Power strips
8	Solar generator(s)
9	Gas/diesel generator(s)
10	Electrical plug adapters
11	Charging cables for electronics
12	Power inverters for car

	<b>Tools</b>
1	Axe and hatchet
2	Tree Saw
3	Machete
4	Hammers
5	Sledgehammer
6	Box cutter
7	Knives (various shapes/sizes)
8	Sharpening stone
9	Rope & twine (various sizes; lots!)
10	Spool of wire
11	Tarps
12	Nails/screws/tacks
13	Jumper cables
14	Plastic sheeting (9'x400')
15	Car preparedness kit
16	Flashlights
17	Shovels & hoes
18	Scissors
19	Buckets
20	Pliers & wire cutters
21	Extra duffle bags
22	Universal tool
23	Flathead & philips screwdrivers
24	Duct tape
25	Packing tape
26	Masking tape
27	Work gloves
28	Zip ties
29	Rain catchment containers
30	Tow straps & tie downs
31	Old blankets and sheets



	<b>Household and Cooking</b>
1	Clorox (4-5 gallons)
2	Medicine dropper for Clorox
3	Fishing poles and tackle box
4	Fishing net
5	Propane camping equipment (stoves, lanterns, lights, etc.)
6	Propane canisters (small & lg)
7	Manual can opener
8	Dish detergent
9	Pots, pans, skillets, dishes, utensils
10	Paper towels
11	Napkins
12	Toilet paper
13	Towels and washcloths
14	Brush/comb
16	Razor and shaving cream
	<b>Utility Supplies</b>
1	Light bulbs
2	Household cleaning items
3	Self-activating hot and cold packs
4	Kerosene
5	Latex disposable gloves
6	Sewing kit
7	Garbage bags (lots!)
8	Storage tubs and containers
9	Candles & matches (lighters)
10	Antibacterial wipes and gel
11	Aluminum foil & plastic wrap
12	Pens/pencils/sharpies/notebook
13	Ziplock bags (various sizes)
14	Safety pins
	<b>Clothes and Bedding</b>
1	Blankets, sheets, pillows
2	Summer/winter clothing
3	Water shoes
4	Hiking boots
5	Lite and heavy coats
6	Rain ponchos

7	Diapers and pull-ups
8	Sleeping bags
9	Games, playing cards
	<b>Medical Hygiene</b>
1	KI Tablets (The FDA has approved two different forms of KI (potassium iodide), tablets and liquid, that people can take by mouth after a radiation emergency.
2	Prescription medications
3	Extensive first aid kit
4	OTC medicines (cold/flu/pain relief, etc.)
5	Stethoscope & otoscope
6	Band-aids (lots!)
7	Extra eyeglasses
8	Surgical kit
8	Bug spray & sunscreen
10	Toothbrush & toothpaste
11	Deodorant
12	Feminine products
13	Soap and shampoo
14	Q-tips and cotton balls
15	Solar camping shower
	<b>Bugout Bags</b>
1	The ultimate goal of bugging out is to leave a dangerous area as fast and as stealthily as possible.
2	Be packed and ready to go.
3	Have anything that you don't need in your normal day to day life already packed.
4	Use duplicates if feasible
	<b>Family Meetings</b>
1	Go over contingency plans.
2	Discuss rendezvous places, routes, scenarios.
3	Have a communication plan.
4	Have a plan if there is no way to communicate.
5	Brainstorm ideas.
6	Discuss concerns and fears.
7	Pray together.
	<b>Staying Informed</b>
1	WorldAffairsBrief.com

2	<a href="http://CorbettReport.com">CorbettReport.com</a>
3	<a href="http://NaturalNews.com">NaturalNews.com</a>
4	<a href="http://WorldviewWeekend.com">WorldviewWeekend.com</a>
5	<a href="http://TheCommonSenseShow.com">TheCommonSenseShow.com</a>
6	<a href="http://GeoengineeringWatch.org">GeoengineeringWatch.org</a>
7	<a href="http://TheSleuthJournal.com">TheSleuthJournal.com</a>
8	<a href="http://GovernmentSlaves.news">GovernmentSlaves.news</a>

	<b>Building Community</b>
1	What skills do you have to offer?
2	What skills are you deficient in?
3	Who do you know that can offset your weaknesses?
4	Make a list of people you can call on in a crisis. (MDs, farmers, plumbers, electricians, gunsmiths, etc.)